

# Helping Your Loved One Live Well With Dementia

## Inspiration and Insights for Care Partners



Dementia-Friendly Communities  
of Northern Colorado®

**Part 3: Tuesday May 28, 2019**

**4-5:30pm**

**Location: Aging Center of the Rockies; 151 W. Lake Street, Suite 1400,  
Fort Collins (corner of Prospect and College)**

### **WORKSHOP:**

Practice the skills learned in the classes with other care partners expanding on Contented Dementia strategies.

**Part 4: Tuesday June 4, 2019**

**4-5:30pm**

**Location: Aging Center of the Rockies; 151 W. Lake Street, Suite 1400,  
Fort Collins (corner of Prospect and College)**

### **WORKSHOP:**

Apply strategies and problem solve our challenging situations expanding on the use of dementia passports and love languages to provide well-being for yourself and your loved one.

*Class size limited. **\$20 admission fee** for each class collected with online registration or at the door. Cash, check, or credit. Light snacks provided. Register at **DementiaFriendsNoCo.org**, or call 970-213-4548 or email [cluzin63@gmail.com](mailto:cluzin63@gmail.com).*

***Attendance at Parts 1 and 2 required prior to attending workshops.***

***Repeat of Parts 1 and 2 will follow on February 13, 2019 and March 5, 2019. Workshops will be repeated after those dates.***

Dementia-Friendly Communities of Northern Colorado® is a 501c3 nonprofit organization. We leverage and provide community resources, expertise, education, and activities to increase dementia-friendliness in our local communities.

All proceeds help sustain and grow the work we do.

*Presenters: Cyndy Luzinski, Advanced Practice Nurse and Founder of  
"Dementia-Friendly Communities of Northern Colorado®,"*

*and Jill Couch, Licensed Occupational Therapist, and owner of Better People Care LLC.*